

# Massage Therapy

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## FAQs

### How will theory courses be delivered?

Theory courses will be delivered in an online/remote learning format that includes interactive activities, discussion forums, online classes, web-based platform for science classes, research, videos, and case scenarios for problem solving and critical thinking. Instructors will schedule regular meetings for the classes to get together.

### How will my communications or general education courses be delivered?

All general education courses and communications courses will be virtual and will not require any face-to-face, or attendance on campus.

### What can I expect during the practical lab component of my program?

Massage Therapy is a hands-on skill. As appropriate, students will be practicing on each other; faculty may be demonstrating skills on students. We will have measures in place to ensure the safety of students, staff, faculty, and clients while working in the lab space as per Public Health guidelines and recommendations.

### How many days will I need to be on campus?

It is anticipated that practical labs will run on campus. These will be at a minimum of one day per week, to a maximum of two. Each class will run in three or four-hour sessions. We will provide updates as further information becomes available.

If it is deemed that clinical is appropriate to continue running, you will also be required to be on campus one day per week for that class. This applies to the returning second-year students.

Outreach may also continue to run on campus for the Winter term. If this is the case, you will also be required to attend campus on your outreach day(s).

### How has the clinical part of my program been affected?

Regarding clinical experiences, a multitude of factors will influence our ability to offer a traditional experience. These include, but are not limited to, whether students will be able to obtain CPR certification, mask fit testing, or the ability of hospital and community agencies to accept students. As well, Public Health Guidelines and the health and safety of our students will weigh heavily into any decision that is made.

The information that we can provide you at this time is that our goal is to hold traditional clinical courses for all levels of students and will make contingency plans if this proves to be unfeasible. The contingency plans include an option of supplementing reduced on-site clinical availability with virtual learning activities.

### What additional supplies are recommended for my program? Will I need a new laptop/webcam/microphone?

The massage program uses WileyPlus for science courses, which requires the use of a laptop or desktop with WiFi access.

Some courses may require you to videotape your performance/skills to submit for marks. For this, you would need a device that has a camera and microphone. A tablet or phone may work for this.

For students attending on-campus clinics and outreaches: you will need to continue to ensure that you have sufficient blankets for each client. You may need to purchase 2 extra blankets if you did not already do so for the Fall 2020 term.

While at school, you will have access to a massage table to practice your skills. Although purchasing a table is not a specific requirement of the program, you may wish to think about what you will use at home to practice.

### What if I have questions for my faculty?

Faculty are available to you through D2L, college email, and through our collaboration and communication platform – Microsoft Teams. You can send us an email or a chat. We can also hold video-conferencing meetings. Each instructor will provide information regarding use of these communication tools for their class, and will provide their availability/office hours.